



Dolphins Water Polo Club

Fin Review

July 2009

Welcome

Hi and welcome to the combined version of the Fin Review. Why combined? Well the editorial crew got together and decided that it was more work to produce two editions than one and more importantly it was felt that both juniors and seniors would like to know what is happening around the whole club.

This issue deals a lot with the coming season. The A Grade/Premier League starts **Sept 12** and the other senior grades and juniors start **Oct 14 and 19** respectively. Please read all the info carefully.

As always if you want to make a contribution (photos included) or you want to advertise with us then email us admin@dolphinswpc.com.au. We don't mind criticism but don't be too brutal!

Know the rules #1

It is an ordinary foul to take any active part in the game when standing on the floor of the pool, to walk when play is in progress or to jump from the floor of the pool to play the ball or tackle an opponent. The rule shall not apply to the goalkeeper while within the goalkeeper's 5 metre area.

Did you know?

The first international water polo team to visit Australia was from New Caledonia who visited Sydney back in 1933. It was a three test series with the results being 2 wins to NSW and a draw. (Source Water Warriors by Dr T. Rockwell)

Local paper celebrity

It was exciting to see our very own Libby Alcock featured on the inside back cover of the Western Suburbs Weekly recently. It was a great read about Libby making the Under 20s Australian team.

We wish Libby good luck for her adventures in Europe!

Do you have a water polo story? Please contact Kym Chambers, member of Dolphins D Women, to discuss a media angle.

Email - finreview@dolphinswpc.com.au

Alcock steps up to international stage

WHILE not a big fan of swimming, Libby Alcock from Cottesloe will have her share of time in the pool during an international water polo contest in Greece this month.

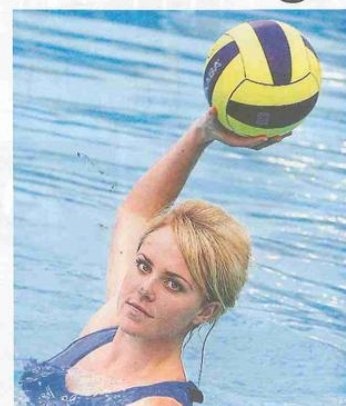
Involved with the sport since age six, the 20-year-old is part of the Australian junior team competing in the International Tournament Heraklion in Athens.

"I don't really like swimming, but I've got to a point where I can handle it with water polo as it's a bit more entertaining than just swimming and staring at a black line," she said.

The utility player, who regularly fills the centre-forward position, returned from a three-year break recently, after bouncing back from a shoulder injury and making time for her commerce studies.

Alcock credits the sport with keeping her fit, helping her make several good friends and giving her plenty of overseas travel, including contests in America, Barcelona and Rome.

"It's my last year as a junior,



Libby Alcock will compete in Greece this month.

Picture: Will Russell

www.communitypix.com.au d309894

and everyone thought it would be a shame not to try for the squad, so I've given it one more shot and been successful," she said.

The sport is also a family

affair, with Alcock's two sisters both playing in state water polo teams at some point during their playing careers, while her mother continues to compete at club level.

**NO CASH, NO SPLASH
NO PAY, NO PLAY**



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Happy Birthday – July Babies

Grace	Paterson-Miller
Carina	Lock
Tess	Richards
Andrew	Murdoch
Calum	Peoples
Michael	Salvaris
Kari	Grace
Kit	Strickland
Niels	Gabriels
Charlie	Foster
Siobhan	Johnston
Sean	Hyslop
Sophie	Foster
Brett	Hamilton
Phillip	Scales
Annie	Fowler
Jane	Purdie
Suzanne	Shaw
James	Stanton
Grant	Deuchar
Karolina	Hayes
Andrew	Stacey
Sarah	Harloe
David	Arns
Alistair	Stolz
James	Christensen
Belinda	Morrell
Holly	Fry
Asher	Goddard
Harriett	Bouger

Dolphins on International Tours

James Stanton – Senior Men.

July 2-6 Training Camp, Germany

July 10-12 Unicum Cup, Budapest, Hungary

July 14-16 Training Camp, Hungary

July 18 – Aug 2 13th FINA World Champs,
Rome Italy

Eliesha Browne – 18 & under Women.

July 17-19, Pythia Cup, Greece

July 20-26, Training Camp, Greece

July 27-31, Training Camp, Germany

August 3-6, Training Camp, Hungary

August 9-15, 8th FINA Junior Women's World
Champs, Khanty-Mansyisk, Russia



Libby Alcock – 20 & under Women.

August 18-22, Training Camp, Great Britain

August 22-28, Training Camp, Spain

August 28-30, Perama Tournament, Greece

August 31-Sept 4, Training Camp, Greece

Sept 6-11, Training Camp, Italy



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Social News

WE WANT YOU to tell us what social events you would like the Club to hold over the coming season.

If you could email your suggestions to

Below are the events the club has planned so far

	Event	Date
Sept	Junior Registration day	Sept 5
	Club Registration day	Sept 12
Oct	Season starter BBQ	Oct 11
Nov	Quiz Night	Nov
Dec	Christmas party	TBA
Feb	100's Club BBQ	Feb 7
March	Swimming carnival	TBA
April	April Trophy night	TBA

Club Looking for Bar Manager

Dolphins is looking for a volunteer to run the bar. The job will entail ensuring the fridge is stocked for the normal season and special events. If you are interested please contact Mike Stacey at:-
staceys@bigpond.net.au

New Dolphins Apparel

An exciting new range of Dolphins apparel will be available for purchase shortly.

Costs still need to be confirmed, but will be approximately \$65-80 for women's bathers, \$35 for t-shirts and \$25 for tank tops.

Stay tuned for information on when you can try on for sizes and how to order.



Know the rules #2

It is an ordinary foul to assist a player at the start of a period or at any other time during the game.

Junior Club Members

As an existing member you know two very important things. 1. Water Polo is a great sport. 2. Dolphins is a great club.

So do your friends a favour and bring them down so they can join in and enjoy a great game at a great club.



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SEASON 2009/10

Juniors

There is such a lot happening this season with juniors and I think it can be a bit confusing. So we are going to break this into three groups.

1. Premier League Juniors

This group play on Saturday afternoons and the fixtures are combined with the A Grade. The season starts **Sept 12**. There are 3 rounds before the school holidays and these are for the born 1993 or later age group. After the school holidays the age group changes to born 1994 or later.

The change in age groups is due to the first 3 rounds being designed to assist teams prepare for the National Club Championships being held over the school holidays. After the school holidays the age group changes to the same age group as the 2010 Championships.

2. State League Juniors

This competition runs on Monday nights at Challenge Stadium and the age groups are 14 & under (Born 1996 or later) and 17 & under (Born 1993 or later). WA Water Polo usually has 2 divisions in the age groups but this does depend on the number of teams wanting to compete.

The season starts **Oct 19** just after the school holidays.

3. Dolphins Saturday Morning

This is the program run by Dolphins Water Polo Club on Saturday mornings. The program caters for 10 & under (Born 2000 or later), 12 & under (Born 1998 or later), 14 & under (born 1996 or later) and 16 & under (born 1994 or later).

Team allocations for this program are held on **Oct 17** at the following time:-
12 & under – 9:00am
14 & under – 10:00am
16 & under – 11:00am.

The games start **Oct 24**. The teams are notified of their game time for the first games at the team allocation morning. Full season fixtures are published on the web and available in paper form at the pool at round 1.

Registration

You can register three ways. Download the registration form from the web site, fill it out and mail it to the address contained on the form.

Come to the registration days – **Sept 5 & 12**, from 9:00 – 11:00am at the pool. Undertake the online junior registration process from the web site.

Payment methods are via Cheque, EFT or cash at the registration days.

Questions

If you have any questions about the Saturday morning program or junior boys contact Phil – 0410 429342. Questions about the junior girls contact Mark – 0408 906086.



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Seniors

All senior teams should be organised and starting to train.

The A Grade/Premier League season starts **Sept 9**, The Masters **Oct 13** and the other grades **Oct 14**.

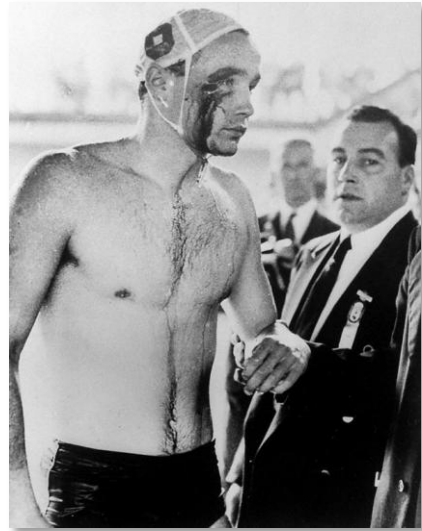
Teams are being organised **NOW** it is very important that if you have not been contacted and wish to play this season that you make contact with the people below, the season is fast approaching registration must be into WA Water Polo earlier this year:-

Masters - Mike Stacey
staceys@bigpond.net.au
Women – Heidi Westlake,
wcaptain@dolphinswpc.com.au
Men - Peter Skender,
mcaptain@dolphinswpc.com.au

A Grade players contact:
Men – Phil – 0410 429342
Women – Mark - 0408 906086.



James Stanton returns



Hungarian Player Ervin Zador

1956 Olympics

Some say the most famous water polo game ever. Russia Vs Hungary at the 1956 Olympics in Melbourne. Hungary won the Gold.

Know the rules #3

To interfere with the taking of a penalty throw. The offending player shall be excluded from the remainder of the game with substitution after the earliest occurrence of

- When 20 seconds of actual play have elapsed, at which time the secretary shall raise the appropriate flag provided that the excluded player has reached the re-entry area.

- when a goal has been scored.

- the excluded player's team gains possession of the ball.

The penalty throw shall be maintained or re-taken as appropriate.



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Women prepare for summer while the Men hibernate.

The time has come the Walrus said for the Men to TRAIN, TRAIN, and TRAIN!

Claremont Pool, Davies Rd, Claremont.

Monday

6:30pm – 8:30pm All Grades.

Tuesday & Thursday

5:30pm – 6:45pm, 14 & under and 17 & under (B) boys.

7:00pm – 9:00pm, 17 & under (A) boys and A & B Grade men.

Sunday

2:00pm – 4:00pm, A & B Grade men.

4:00pm – 6:00pm, all 17 & under boys.



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When you choose to build or improve your home through a company within The Group, ABN will proudly donate \$500 to the Dolphins Water Polo Club.

Find a home to suit you at www.abngroup.com.au
For further information, please contact Jan Alcock on 0417 996 156 or jana@abngroup.com.au



Important Dates

September 05 – Registration Day, 9:00-11:00 at Claremont Pool

September 12 – Registration Day, 9:00-11:00 at Claremont Pool



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Spending 10 Minutes with Mike Stacey

Dolphins Water Polo Club – Life Member

Immediate Past President

Born – Hertfordshire, England, 1948.

Suburb – Came Australia in 1968. Now live in Ocean Reef.



When and where did you start playing water polo? – I started playing at the Eaton Otters in 1957.

Favourite Player? – My Dad. He played for the London Transport team back in 1932 and it was he who got me started in the sport.

What do you like about Water Polo? – It would have to be the friendships you make. I have met a lot of people over the years both playing and administering the game. I have made a lot of friends, friendships that have lasted many years.

What don't you like about water polo? –

I have to say the Dolphins membership interview and tryout process used in 1969. I was interviewed and tested for over an hour. The process took place at Beatty Park and I was required to answer questions, swim including sprints and do some shooting. I was happy to learn I passed with flying colours and have been at the club since.

What has been the high point of your water polo career so far? – Playing for the

Middlesex County in the UK back in 1966-67. But the highest of highs was winning the B Grade Grand Final with Dolphins in 1972. The game was won with a failed lob which turned out to be a perfect pass that resulted in the winning goal.

What are your water polo aspirations? –

Well having perfected the lob shot, I just try to survive each game. The next big effort will be the FINA World Masters which will be held in Sweden in 2010.

What are your life aspirations? –

Keep fit and healthy.



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Member Services and Supporters



Suite 4, 590 Hay Street
Subiaco WA 6008

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Wembley, WA 6014

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F: 08 9388 7566

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Dolphins member **Wayne Charles** would love to hear from you and Wayne makes a generous contribution to the club for every member or friend that takes out a loan. So this works for you and the club – GREAT!

Advertise here

Over the coming months and possibly years the Dolphins **Fin Review** will grow to be one of the most sought after publications of its type in the western suburbs.

Dolphins has a membership of over 550, what a great way to grow your customer base.

E-mail admin@dolphinswpc.com.au to secure your space. All rates are negotiable and options exist to advertise in both the junior and senior editions

If you run a business and can give Dolphins members a discount on goods and services, then tell us and we will let them know.

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