



Dolphins Water Polo Club

Fin Review

Junior Edition – May 2009

Welcome

Well here is number 3. We sent out over 250 copies of our e-newsletter and 2 people came back and asked to be removed from the mailing list. That's the bad news. The good news is that we had great feedback saying the newsletter is a winner. So we are going to keep producing it and adding articles.

This month we add a birthday wishes section and provide an overview of the junior player pathway through to senior water polo.

Any comments please send them to admin@dolphinswpc.com.au we don't mind criticism but don't be too brutal.

Dolphins help National League Champions

James Stanton and **Perry Short** played their part in helping the Fremantle Mariners secure another National League title. Well done boys and congratulations to the Fremantle team.



James Stanton and Perry Short

Parent Committee

The lifeblood of the club is our junior programs and these need to foster enjoyment and athlete development.

Dolphins is looking to improve the services we provide for junior players and their families. We are therefore seeking volunteers to form a parents committee to address the following issues and more:-

- Enhanced communication
- Better movement from Flippa Ball through to seniors
- Improved social activities
- Fundraising
- Spectator course, parent information sessions
- Fees
- Event and team organisation.

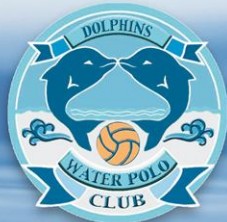
If you are interested in contributing please e-mail **Meghan Lagdon** at - meghanlagdon@iprimus.com.au

Know the Rules #1

A corner throw taken from the wrong position or before the players of the attacking team have left the 2 metre area, should be retaken.

Equipment Donations

If you have some unused gym equipment at home or a weight belt, from your scuba diving days, let us know as we could use them for training.



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Winter Program Notice

Training for junior girls and boys born 1996 or later is Tuesday and Thursday, 16:30 – 17:30 and Sunday, 12:00 – 13:00 at Claremont pool.

Junior boys born in 1993/94/95 are training Tuesday night, 17:30 – 19:15 and Sunday, 16:00 – 18:00 at Claremont pool.

Junior girls born 1994/95/96/97 are training Tuesday and Thursday, 17:30 – 19:15 at Claremont pool.

Claremont Pool has BIG Summer

The Town of Claremont's *towntalk* newsletter reports that "Claremont Pool has had the biggest summer season in the past 4 years, with 165,770 people enjoying the centre's facilities. The increase in customers using the centre has directly increased revenue of the centre by over \$134,000." It would be safe to say that the Dolphins Water Polo Club and the activities we run, were major contributors to the numbers quoted.

Know the Rules #2

The corner throw shall be taken by a player of the attacking team from the 2 metre mark on the side nearest to which the ball crossed the goal line. The throw need not be taken by the nearest player but shall be taken without undue delay.

Dolphins' Champions

Emma Knox, Olympian

2004 – Athens, Greece

2008 – Beijing, China, Bronze Medal



Did You Know?

Dolphins Life Member Allan Charleston was the first Western Australian to make an Australian Olympic Water Polo Team. Allan competed in the 1956 Olympics in Melbourne.

Late News

Libby Alcock named in Australian 20 & under team to tour Europe in August.



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Happy Birthday – May Babies

| | |
|-----------|-------------|
| Violet | Simcock |
| Matthew | Simich |
| Charlotte | Craig |
| Emma | McAndrew |
| Gigi | Parker |
| Lauren | Young |
| Tyler | Ronaldson |
| Elyse | Raymond |
| Lucas | Richardson |
| Isabella | Serra Jones |
| Ellen | Foley |
| Sascha | Oliver |
| Nicholas | Power |
| Kelsey | Lang |
| Lewis | O'Malley |
| Liam | Warner |
| Ann | Brouwer |
| Jill | Brouwer |
| Lucy | Jenkins |
| Gabrielle | Hitchen |
| Anna | Clixby |
| Gabrielle | Clixby |
| Annie | Bowman |
| Madeleine | Lofthouse |
| Nicholas | Perman |
| Alexandra | Bailey |
| Georgia | Whyte |
| Mahalia | McEvoy |
| Ruby | Van Beem |
| Anna | Bradley |
| Kirsty | Andrys |
| Dane | Yull |
| William | Girdler |
| Liam | Hughes |
| Shane | Tate |

| | |
|----------|-------------|
| Holly | Dobney |
| William | Ogden |
| Adrienne | Coombes |
| Alice | Taylor |
| Josie | Love |
| Grace | Hooper |
| Sam | Christensen |
| Danielle | Kirwan |
| Nat | Maloney |
| Hannah | Tunstill |

Know the Rules #3

The time allowed for a player to take a free throw shall be at the discretion of the referee; it should be reasonable and without undue delay but does not have to be immediate. It is an offence if a player, who is clearly in a position most readily to take a free throw, does not do so.

Staying in Contact

We want to stay in touch so to help the process we have setup a mailing list. To subscribe to the list just send an e-mail to:- juniors-subscribe@dolphinswpc.com.au
You can unsubscribe at any time; you are in control. So tell all your Dolphins mates.

Help Wanted

If you know how to weld aluminium and have your own setup or workshop please let us know by sending an e-mail to the address below. We need to make some ball trolleys and goals before next summer, many thanks.

admin@dolphinswpc.com.au



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Spending 10 Minutes with Perry Short

Born – Perth Australia, 1991.

Suburb – Cottesloe.

School – I went to Scotch College.

When and where did you start playing water polo? – I started when I was 11 years old at Claremont pool with Dolphins.

Favourite Player – Denes Varga the Hungarian Gold medallist #4. He plays for the Vasas club in Budapest.

What do you like about Water Polo? – It's a fun game that doesn't require any running. I also like the intensity of the game; it's a game of power and I like it.

What don't you like about water polo – I don't like the swim sets at training and the early morning starts can be a grind. I am also currently dealing with shoulder injuries that I have to manage properly.

What has been the high point of your water polo career so far? - Playing in the Tom Hoad cup last year for the Barbarians was a big thrill. Playing with the Hungarians, Denes Varga and Gabor Kis, was amazing. Making the National Junior squad was also great.

What are your water polo aspirations? – I firstly want to make the Australian Junior Team and compete at the FINA World Championships in Croatia. Then the goal is the 2016 Olympics.

What are your life aspirations? –

Currently I am hoping to do well in my first year uni exams (Art Science major in Psychology & Economics), then I hope to take a year off, train hard compete at the Worlds then stay in Europe after travelling and maybe playing some polo.

Any final words? – I would encourage all those swimmers out there to stop chasing the black line and get into Water Polo, its way more fun.



Don't want the Newsletter?

If you don't want to receive the e-newsletter then simply send an e-mail to: -

juniors-unsubscribe@dolphinswpc.com.au

But we will be sad to lose you!



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Dolphins' member **Wayne Charles** would love to hear from you and Wayne makes a generous contribution to the club for every member or friend that takes out a loan. So this works for you and the club – GREAT!

Advertise Here

Over the coming months and possibly years the Dolphins' **Fin Review** will grow to be one of the most sought after publications of its type in the western suburbs.

Dolphins has a membership of over 550, what a great way to grow your customer base.

E-mail admin@dolphinswpc.com.au to secure your space. All rates are negotiable and options exist to advertise in both the junior and senior editions

If you run a business and can give Dolphins' members a discount on goods and services, then tell us and we will let them know.

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